

FIRST AID AT WORK

hot

highfield
online training

Improve workplace safety and stay compliant with Highfield's First Aid at Work course. This flexible online first aid course covers essential life-saving skills, helping learners respond quickly, confidently and effectively to workplace emergencies. Designed for businesses across all industries, the course supports progression towards the Level 3 First Aid at Work (RQF) qualification through a blended learning approach and can replace 1 day of the 3-day course. On completion, learners receive a Highfield completion certificate.

To achieve the regulated Level 3 Award in First Aid at Work (RQF), learners must also complete practical training and assessment with an approved provider.

Areas covered

- Understanding the role and responsibilities of a first-aider
- Assessing an incident
- Managing an unresponsive casualty
- Recognising and assisting a choking casualty
- External bleeding and shock
- Minor injuries
- Conducting a secondary survey
- A casualty with injuries to their bones, muscles and joints
- A casualty with head and spinal injuries
- A casualty with suspected chest injuries
- A casualty with burns and eye injuries
- A casualty with sudden poisoning or anaphylaxis
- A casualty with a major illness



Who is it aimed at?





The course is ideal for any employee or manager who wishes to become an emergency first-aider in the workplace.

Multi-device compatible



This course is compatible with most popular desktops, tablets and mobile devices.

Key details at a glance

	Duration:	4-5 hours
	Assessment:	Multiple-choice questions
	Certificated:	Yes – Highfield Completion Certificate
	Support:	01302 363277 support@highfield.co.uk
	Translation:	Details available on request
	Localisation:	EU legislation within a UK context, but suitable for international businesses that trade with EU and will be subject to the legislation

