

INTRODUCTION TO WORKING AT HEIGHT

hot

highfield
online training



Falls from a height are among the most common workplace accidents to occur across multiple sectors and are one of the most frequent causes of accidental death and major injuries. This online training course is the ideal introduction to the subject of Working at Height; packed with current information, from planning and employing safe systems of work and the use of access equipment to the hazards and risks of working at height.

Areas covered

- What is working at height
- Planning work at height
- The work at height hierarchy of control
- Hierarchy activity
- Safe systems for working at height
- Equipment for working at height
- Protective/preventative equipment
- Equipment selection activity
- Rooftops and fragile surfaces
- Voids and holes
- Situational awareness
- Hazard spotting exercise
- Risk assessments
- Knowing when to cease work
- Summary and assessment



Who is it aimed at?

This online training course is suitable for all employees, particularly new starter inductions, where a basic understanding of working at height is required.



Key details at a glance



Duration: 40 - 90 minutes



Assessment: Multiple-choice questions



Certificated: Yes – Highfield Completion Certificate



Support: 01302 363277
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Localisation: Details available on request



Translation: EU legislation within a UK context, but suitable for international businesses that trade with the EU and will be subject to the legislation

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